

Minuteman

R O A D C L U B



2013 CYCLOCROSS TRAINING SERIES

AUGUST 28 AND SEPTEMBER 4 11 18

SKI WARD MOUNTAIN

1000 Main Street,
Shrewsbury, MA 01545

From Boston and Points East
Mass Tpk. to route 495 north to route 20 west. Follow route 20 through Northborough center one mile. Just past St. Rose of Lima church bear right at light on to West Main Street. Travel 1.5 miles to Ski Ward on left.

From Points West
Route I-290 east to exit 23 south onto route 140 south. At first light turn left onto Main Street. Travel 1.5 miles to Ski Ward on right.

\$10 FEE, \$3 for Juniors.

5:30pm starts. 100 Rider Max. Onsite registration only. Must have a valid USA Cycling license though one-day licenses will be available. Held under USA Cycling event permit. All USA cycling rules apply.

Visit minutemanroadclub.com for more details and up-to-date race info.

SERIES FORMAT

No categories, no prizes. Just pure cross on a challenging 1.5 km mostly grass course with barriers and some elevation. Mud is possible. Lots of turns to allow you to hone your skills before the real racing begins. This year's course will NOT have as much lung-busting climbing as before, and will be bi-directional so we can mix it up a bit.

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